


Brain PS+

formerly Brain PS 90 capsules

 **Content**

60 Piece / Capsules


PZN 5849289

RRP 44,90 €


90 Piece / Capsules

PZN 3893748


RRP 59,90 €

 **Recommended intake**

2 capsules / day

 **without**

artificial flavorings, artificial conservation, artificial colorants, genetic engineering

 **free of**

granulated sugar, sorbitol, fructose, lactose, gluten, yeast, peanut oil, gelatine

Fitness for the brain.

Burgerstein Brain PS contains pantothenic acid as well as natural phosphatidylserine from soy lecithin, which is found in high concentration in brain cells.

- Phosphatidylserine helps regulate the release of neurotransmitters and is involved in synaptic activities, supports brain function and helps prevent against a decline in cognitive function in old age
- Pantothenic acid contributes to normal mental performance and a normal, well-functioning energy metabolism
- **Brain PS+** also contains Bacopa monnieri extract (bacosides) which can protect the nerves by reducing oxidative stress. In addition, the signal transmission between nerve cells can be positively influenced by bacosides and thus cognitive functions can be improved. **We use an extract with 55 % bacoside concentration!**

School, study and work demand top performance from our brain, constant attention and an alert mind. For example, concentrated and efficient learning is essential when preparing for exams. Support your mental performance now.

Vegans depend on additional external sources of phosphatidylserine as this micronutrient is mainly found in fish and meat.

Brain PS+ supports...

- **... elderly people**
Regular intake of phosphatidylserine can have a positive influence on the maintenance of mental performance and memory capacity
- **... pupils and students**
Especially during exam preparation, where concentrated and efficient learning is required
- **... persons with high demands in job and everyday life**
The increased demands of work and everyday life, as well as the daily flood of information require constant attention and an alert mind

What is phosphatidylserine important for in the body?

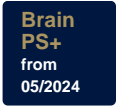
Did you know that phosphatidylserine (PS) is the major acidic aminophospholipid in the brain and an essential component of all cell membranes in the body?

Together with other membrane phospholipids, PS plays a central role in intercellular communication and the transmission of biochemical signals into the cell interior.

In particular, nerve cells rely on phosphatidylserine. Phosphatidylserine is mainly found in fish and meat. Dairy products and plant foods are rather poor in this substance. Presumably a deficiency or low supply limits mental performance: in studies a decrease in the amount of phosphatidylserine in cell membranes was associated with forgetfulness and concentration problems.

In another study of elderly subjects, there were significant improvements in short-term memory, concentration and attention. In addition, depressive symptoms, ability to cope with daily life, and apathy behavior improved [1, 2, 3, 4, 5, 6]. Apathy is usually accompanied by lack of excitability, and insensitivity to external stimuli, among other symptoms.

(Sources at the end of this page - online!)



Nutritional values	Per daily portion (2 capsules)	NRV*
Pantothenic acid (B5)	18,00 mg	300%
Vitamin B12 (cobalamin)	7,50 µg	300%
Bacopa monnieri extract (CDRI-08)	320,00 mg	-
thereof bacosid	176,00 mg	-
Phosphatidylserine	100,00 mg	-

*NRV = reference amount for daily intake according to the EU Food Information Regulation (LMIV)

Ingredients: Brain PS+: Bacopa monnieri extract (CDRI-08, 31%), glazing agent (hydroxypropyl methylcellulose), anti-caking agent (calcium phosphates), soy phosphatidylserine, bulking agent (cellulose), calcium D-pantothenate, colorants (copper-containing complexes of chlorophylls and chlorophyllins), cyanocobalamin. Brain PS: Phosphatidylserine-containing soy lecithin extract, edible gelatin, fillers (coconut oil, refined soybean oil), emulsifier (soy lecithin), calcium D-pantothenate, colorant (titanium dioxide, iron oxide).

Additional information: Food supplements are not a substitute for a balanced nutrition. A balanced nutrition and a healthy lifestyle are important. Do not exceed the recommended daily dose. Store out of the reach of small children and at room temperature - please follow the corresponding package instructions. | RRP: Recommended Retail Price.