




# CardioVital




**Content**  
30 Piece / Capsules  
PZN 5429877  
RRP 42,90 €



**Recommended intake**  
1 Kapsel / day



**without**  
artificial flavorings, artificial conservation, artificial colorants, genetic engineering



**free of**  
granulated sugar, fructose, lactose, gluten, yeast, peanut oil, soya protein/lecithin

## We care about your heart.

Burgerstein CardioVital is a comprehensive nutritional supplement for heart health. It contains

- vitamin B1
- Omega-3 fatty acids EPA and DHA
- Olive extract
- Garlic extract
- Coenzyme Q10
- Selenium
- Vitamin K2

Vitamin B1 and the omega-3 fatty acids EPA and DHA contribute to normal heart function.

Burgerstein uses speciality extracts for its products, and CardioVital is no exception. We use the garlic extract **ABG-25+®** and the olive extract **Hytolive®** for our product.

The black garlic extract used in Burgerstein CardioVital is odourless and tasteless. Thus, no effects such as evaporation, gastrointestinal problems, etc. are expected.

## CardioVital supports...

- ... **all persons**,
  - who want to support their cardiovascular system
  - who care about your vascular health
- ... **active older persons**,
  - who enjoy exercise and sports
- ... **the protection of blood lipids**  
Olive oil polyphenols (at least 5 mg hydroxytyrosol daily) help protect blood lipids from oxidative stress.
- ... **the protection of cells**  
Selenium helps to protect cells from oxidative stress.

## Micronutrients & effect

- Thiamine contributes to normal heart function
- Omega-3 EPA & DHA contribute to normal heart function
- Selenium helps protect cells from oxidative stress
- Vitamin K2 contributes to normal blood clotting
- Coenzyme Q10 supports energy production and contributes to normal heart function
- Hydroxytyrosol supports improvement of blood lipid levels and anti-inflammatory activity
- Black garlic has a positive influence on blood pressure and cholesterol levels
- S-allylcysteine supports the reduction of cardiovascular risk

## Sport for heart failure

Sport with heart failure - is that even possible? This is a question asked by many people who have been diagnosed with heart failure. The answer from researchers and doctors is: people with heart failure should lead an active life. Properly tailored exercise can relieve the symptoms of heart failure, positively affect its progression, and strengthen the heart through exercise.

**Ask your doctor for support on this topic.**



Nutritional values	Per daily portion (1 Kapsel)	NRV*
Vitamin B1 (thiamine)	0,55 mg	50%
Vitamin K2	45,00 µg	60%
Selenium	100,00 µg	182%
Coenzyme Q10 (Ubiquinone)	100,00 mg	-
fatty acids Omega-3	330,00 mg	-
thereof omega-3 EPA	212,00 mg	-
thereof omega-3 DHA	38,00 mg	-
Olive extract (Hytolive®)	50,00 mg	-
thereof hydroxytyrosol	5,00 mg	-
garlic extract (ABG-25+®)	100,00 mg	-

\*NRV = reference amount for daily intake according to the EU Food Information Regulation (LMIV)

**Ingredients:** Fish oil, coating agent (edible gelatin (bovine)), coconut oil, humectant (glycerin, sorbitol), ubiquinone, garlic extract (8%), thickener (beeswax), olive extract (4%), emulsifier (lecithin), colorants (iron oxides and iron hydroxides), thiamine mononitrate, sodium selenite, menaquinone-7.

**Additional information:** Food supplements are not a substitute for a balanced nutrition. A balanced nutrition and a healthy lifestyle are important. Do not exceed the recommended daily dose. Store out of the reach of small children and at room temperature - please follow the corresponding package instructions. | RRP: Recommended Retail Price.

**Important information:** Patients taking anticoagulants should consult their physician before taking vitamin K supplements.