

## Coenzym Q10

100 mg capsules



### Content

30 Piece / Capsules  
PZN 5614161  
RRP 36,90 €



### Recommended intake

1 Kapsel / day



### without

artificial flavorings, genetic engineering, artificial conservation, artificial colorants



### free of

peanut oil, fructose, gelatine, gluten, yeast, lactose, soya protein/lecithin, sorbitol, granulated sugar

### Natural coenzyme Q10 - high dose

Burgerstein Q10 Capsules contain per capsule 100 mg coenzyme Q10 in the form of ubiquinone, which is obtained fermentatively in a natural process from yeast. The vegetarian capsules are tasteless, odourless and convenient for daily use. Coenzyme Q10 is found primarily in the mitochondria (powerhouses of cells), blood and cell membranes.

Coenzyme Q10 helps protect fats throughout the body from giving off electrons (oxidation) and thus from structural damage. Likewise, it can regenerate other antioxidants such as vitamin E. Thus, these can be used again as antioxidants.

In addition, coenzyme Q10 plays a vital role in energy production in the mitochondria ("cellular power plants") and thus contributes to the formation of ATP, the main energy carrier of the cells. The coenzyme Q10 concentration is therefore highest in the cells where the most energy is needed (heart, liver, kidneys, muscles, brain).

Furthermore, coenzyme Q10 can lower the levels of various inflammatory markers. It also improves the function of the vascular endothelium, the thin lining layer of blood vessels. This plays a central role in the regulation of vascular pressure or haemostasis.

The product is suitable for vegans and vegetarians.

### Coenzyme Q10 capsules support...

- **... people from the age of 35**  
With advanced age, the Q10 production of the body decreases continuously
- **... with oxidative stress**  
Coenzyme Q10 can regenerate other antioxidants (such as: vitamin E)
- **... in the energy production of the cells**
- **... people who take cholesterol-lowering drugs on a daily basis**  
Cholesterol-lowering drugs decrease the production of coenzyme Q10 of the body
- **... the cardiovascular system**  
due to its antioxidant effect and important function in energy metabolism, coenzyme Q10 supports the entire cardiovascular system.



#### Nutritional values

Coenzyme Q10 (Ubiquinone)

#### Per daily portion (1 Kapsel)

100,00 mg

**Ingredients:** Ubiquinone, bulking agent (cellulose), coating agent (hydroxypropylmethylcellulose), anti-caking agents (tricalcium phosphate, magnesium salts of edible fatty acids, rice husk concentrate, rice extract).

**Additional information:** Food supplements are not a substitute for a balanced nutrition. A balanced nutrition and a healthy lifestyle are important. Do not exceed the recommended daily dose. Store out of the reach of small children and at room temperature - please follow the corresponding package instructions. | RRP: Recommended Retail Price.

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