





# FlexVital

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**Content**  
30 Piece / Capsules  
PZN 5411274  
RRP 29,90 €
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**Recommended intake**  
1 capsule / day
- 

**without**  
artificial flavorings, artificial conservation, artificial colorants, genetic engineering
- 

**free of**  
granulated sugar, sorbitol, fructose, lactose, gluten, yeast, peanut oil, soya protein/lecithin, gelatine

## For carefree movement.

Joints, bones and tendons carry us through life. It is quite normal for us to be able to climb stairs, go hiking or do sports. And that's how it should stay.

Burgerstein FlexVital contains a patented, partially hydrolysed eggshell membrane, which is particularly well utilized by the body. This contains a variety of natural ingredients, such as:

- Collagen (type I, V and X) & chondroitin sulphate.
- Glucosamine & hyaluronic acid
- Dermatan sulphate & keratin sulphate
- Lysozymes & desmosome
- Isodesmosine (amino acids for elastin)
- Methionine and cysteine (sulphur-containing amino acids)
- Beta growth factors

The joint formula is supplemented by a natural vitamin E complex and the trace elements boron, selenium and manganese.

As of batch 522-05, the product is VEGII

## FlexVital supports...

- ... **older people, athletes (top athletes as well as hobby athletes).**  
Everyone who puts a lot of strain on their joints
- ... **the connective tissue**  
Manganese contributes to the maintenance of normal connective tissue formation
- ... **the bones**  
Manganese contributes to the maintenance of normal bones
- ... **with the eggshell membrane**  
A purely natural combination with exactly the nutrients that are important for maintaining the health of cartilage and joints

## Joint problems - sooner or later it hits you

Sooner or later, everyone's joints become noticeable. However, this does not necessarily mean a serious and chronic disease. Joint pain can be triggered by flu-like infections, for example. Once the illness is over, the pain disappears with it.

Joint inflammation or wear and tear, on the other hand, is more protracted - arthritis and arthrosis are the two most common causes of joint problems. While wear and tear leads to pain and restricted movement, arthritis is accompanied by swelling and redness in the affected joint. In such a disease, the joint cartilage, which lies between the bones like a cushion, wears away. If the cartilage is destroyed, the bones rub against each other, which causes the typical joint pain.

By the way, joint problems are not a question of age. Even young people can have signs of wear and tear and struggle with chronic inflammation. This is usually due to a genetic predisposition to rheumatic diseases or to incorrect or overloaded joints.

Joints depend on nutrients from food to stay healthy. This is because a lack of vitamins, minerals and trace elements causes the joint cartilage to break down. So if you want to stay free of joint problems, you should focus on a healthy and balanced diet.



Nutritional values	Per daily portion (1 capsule)	NRV*
Vitamin E complex	7,50 mg	-
thereof Vitamin E	3,00 mg	25%
Manganese	2,00 mg	100%
Selenium	55,00 µg	100%
Boron	0,90 mg	-
Partially hydrolyzed eggshell membrane	500,00 mg	-

\*NRV = reference amount for daily intake according to the EU Food Information Regulation (LMIV)

**Ingredients:** Partially hydrolysed eggshell membrane (73%), hydroxy propyl methyl cellulose, modified starch, manganese gluconate, anti-caking agents (magnesium salts of fatty acids, silicon dioxide, mono- and diglycerides of fatty acids), sodium tetra borate, tocotrienol tocopherol, sodium selenate.

**Additional information:** Food supplements are not a substitute for a balanced nutrition. A balanced nutrition and a healthy lifestyle are important. Do not exceed the recommended daily dose. Store out of the reach of small children and at room temperature - please follow the corresponding package instructions. | RRP: Recommended Retail Price.

**Important information:** As of batch 522-05, the product is VEGII