Burgerstein Vitamine

MagnesiumVital direct

Content

30 Piece / Sachet	60 Piece / Sachet
PZN 5775361	PZN 6168864
RRP 24,60 €	RRP 45,90 €

Recommended intake
1 Sachet / day

without
genetic engineering, artificial colorants, artificial flavorings, artificial conservation

free of
gelatine, gluten, yeast, granulated sugar, artifical sweeteners, lactose

The magnesium for "quick" cases and to go.

Magnesium takes over many tasks in the metabolism. It supports the normal function of the nervous system and muscles and is important for the maintenance of bones and teeth, as well as balancing the electrolyte balance. In addition, magnesium contributes to the reduction of fatigue and fatigue and to normal mental function.

Burgerstein MagnesiumVital contains an easily digestible magnesium compound. The use of two types of magnesium (magnesium citrate and magnesium oxid) ensures optimal availability.

Of the approximately 20 - 30 grams of magnesium in our body, about 60% is found in the bones and almost 30% in the connective tissue, especially in the liver and muscles. Magnesium is always found where calcium is needed and prevents intracellular calcium overload. This product is suitable for vegans and vegetarians.

- **... during sport**
  Magnesium contributes to electrolyte balance
  Magnesium contributes to normal muscle function
- **... during pregnancy & breastfeeding**
- **... to reduce fatigue and tiredness**
  Magnesium contributes to the reduction of tiredness and fatigue
- **... the energy metabolism**
  Magnesium contributes to a normal energy metabolism
- **... the nerves**
  Magnesium contributes to the normal function of the nervous system
  Magnesium contributes to normal mental function
- **... Muscles, Bones & Teeth**
  Magnesium contributes to normal muscle function
  Magnesium contributes to the maintenance of normal bones / teeth

Burgerstein MagnesiumVital direct covers 100% of the daily requirement of magnesium with one stick.

- 375 mg (15.4 mmol) magnesium per stick
- natural blackberry flavour
- convenient for on-the-go - can be taken without liquid
- good bioavailability - with organic magnesium citrate and magnesium oxide
- without artificial sweeteners such as aspartame
- without added granulated sugar - sweetened with birch sugar (xylitol)

Taste test winner

In a taste test conducted by ZHAW in September 2022 with 60 consumers, the natural blackberry flavour of Burgerstein MagnesiumVital direct Sticks was the test winner!

VEGAN

60 pcs.
New
01.01.27

Nutritional values	Per daily portion (1 Sachet)	NRV*
Magnesium	375,00 mg	100%
bread units (1BE ?12 g of carbohydrates)	0,07	-

*NRV = reference amount for daily intake according to the EU Food Information Regulation (LMIV)

Ingredients: Magnesium (magnesium citrate, magnesium oxide), sweetener xylitol (birch sugar), acidifier (citric acid), fruit powder (blackberry), anti-caking agent (magnesium salts of fatty acids), natural flavor (blackberry).

Additional information: Food supplements are not a substitute for a balanced nutrition. A balanced nutrition and a healthy lifestyle are important. Do not exceed the recommended daily dose. Store out of the reach of small children and at room temperature - please follow the corresponding package instructions. | RRP: Recommended Retail Price.

Important information: Magnesium supplements containing more than 250 mg of magnesium may have a laxative effect.